

# Sports Locker Room Forum

Free workshop for sports participants, parents, coaches, teachers and volunteers.

## Redlands Developing Athletes

### Presenters and topics covered

**Brett Dowker: Parents influence on their kids in sport**

Brett is the Head Coach for SLSA's High Performance Program, Multiple Australian Champion Lifesaver Gold Medallist and successful Club Coach, Managing Director of 'Super Surf Camps'.

**Leanne Hammond: Nutrition and health in sport**

Leanne is a sports dietician and exercise physiologist who has worked with the Australian Rugby Union High Performance unit and the Queensland's Academy of Sport.

**Karni Liddell : Competing against the odds**

Karni is an Australian Paralympic Swimmer and a member of the Australian Paralympic Committee, Muscular Dystrophy Association and Sporting Wheelies and Disabled Association.

**Time:** 6.30pm till 8.30pm  
**Date:** Tuesday, 22 June 2010  
**Venue:** Victoria Point Sharks Sporting Club  
325 Colburn Avenue, Victoria Point  
*Light refreshments provided from 6pm*

To **register**, contact Sport and Recreation Services, Department of Communities on (07) 3884 7067 or email [South.East@communities.qld.gov.au](mailto:South.East@communities.qld.gov.au).

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